

Boddington Marathon

Cheltenham Gloucestershire

Saturday 26th September Start 10:00am **RUNNERS INFORMATION SHEET**

Enclosed with this information sheet are travel directions to Boddington Manor, Boddington Lane, Boddington Cheltenham Gloucestershire GL51 0TJ

ENTRIES CLOSE for the Boddington 50K Run on Tuesday 8th September 2020

Age Limit 18 Years – Time Limit 7 Hours

Race Limit -125 Runners

Course Records Men & Women

Men Richard Gardiner Cardiff AAC 2-21-50

Women Samantha Amend Belgarve Harriers 2-44-11

There will be a Tech T Shirt which will be given to you at race registration prior to the race. There will be a **special designed Medal to all Finishers.**

The nearest Airports to the race venue is

Bristol Airport 40 miles from Gloucester and Birmingham International Airport 56 miles from Gloucester.

From Bristol Airport you will need to catch a coach to Bristol Temple Mead Station and then a train to Gloucester

From Birmingham International Airport you can get a train direct to Birmingham New Street and then change trains to Gloucester.

Gloucester Taxis

8, 16, & 36 seaters Tel 01452-500880

Associated Taxis Gloucester

4-6 Seater Vehicles

Tel 01452-311700 Tel 01452- 328020 Email:associatedg11@gmail.com

Andy Car Taxis 4 seater Saloon, 6-8 people Carriers

Tel 01452-523000 Email: info@andycarsgloucester.co.uk

Private Hire Mini Buses and Small Coaches 35 seaters

Email: wellandwheels@outlook.com or nevil.ireland@icloud.com

Nevil Mobile Number 07766 012133

Starline Cheltenham

4 seaters and 6 seaters Tel 01242- 250250

Accommodation We are Pleased to inform you we in negotiated a special room rate at The New county Hotel and The Central Hotel in the Centre of Gloucester of £50.00 per night (2 people in a room) from Friday 25th September to Sunday 27th September 2020. Breakfast is extra £7.95 per person which you will need to order when you book your room.

You are advised to book your room early there will be NO PAYMENT made until Thursday 20th August 2020 at 18.00hrs so up to this date and time you will be able to get a refund for your room booking.

This will ensure your room booking

Under NO CIRCUMSTANCES will any rooms be booked after Friday 21st August 2020 at 12:00 NOON

THE DEAD LINE IS FRIDAY 21st AUGUST 2020 AT 12 NOON

Please contact Anne Wilson for room bookings Email:
Wilsonanne691@aol.com Mobile 07969 865453 what's App

ROUTE TO BODDINGTON MANOR FROM GLOUCESTER CITY CENTRE

Boddington Manor is 8.5 miles from The New County Hotel and The Central Hotel in the Centre of Gloucester from the Gloucestershire County and Family Court follow Commercial Road A4301 follow the road around to your right The Quay A4301 straight on A4301 into Westgate Street A417 around the roundabout West Gate Retail Park and then go over into the left hand lane Westgate Street and then straight on into St Oswald's Road A417 under the railway bridge to roundabout on the left hand side is the Harvester Salad and Grill take the 2nd exit off the roundabout into St Oswald's Road A417 Straight on to the next roundabout and take the 1st

exit left into Tewkesbury Road A38 Straight on to the next roundabout A40 and then take the 2nd exit into Tewkesbury Road follow the A38 to the traffic lights turn right onto A4019 towards Cheltenham straight on to just before The Gloucester Old Spot on the left hand side of the road turn right into Boddington Lane after 0.75 of a mile go around the S bend and just before Boddington St Mary Magdalene Church there will be a marshal to direct you left into the field to park your vehicle.

The roads will be closed from 6am to 7.00pm to traffic from the other side of Staverton village past Boddington St Mary Magalene Church on the right hand side of the road to the S bend entrance to Boddington Farm Estate heading towards Boddington Manor. The remaining of the course will be open to traffic on a one way system in the same direction as the runners from the village of Barrow which has around 20 houses in the village so please be fully aware of traffic around you.

Before the race

Parking: for the event is in a field which will be allocated by Boddington Estates Ltd next to Boddington St Mary Magalene Church there will be a marshal to direct runners into car park.

The Car Park is 1k from to Race HQ Boddington Manor follow signs and arrows to registration and general enquires

Registration and general enquiries: are located at Boddington Manor, Boddington in the Conservatory.

Boddington Marathon Start is at 10:00am. Please allow enough time to get to the Start of the race

Directions to the Marathon Start

There will be black arrows on yellow boards to direct you to the Marathon Start from Race HQ Boddington Manor

From Race HQ its 1.5Kms to the start of the race. Please allow enough time to get to the Start at 10:00am

Race briefing will be at 9.55am on the side of the road off the Start line

Refreshments: Are available coffee, tea, rolls and cakes at Race HQ Boddington Manor from 10.00am

Registration will be open from **06:30am** on race day

Before the race

Parking: for the event is in a field which will be allocated by Boddington

Estates Ltd which will be in a field next to Boddington St Mary Magalene Church Boddington, Cheltenham, Gloucestershire GL51 OTJ

Registration and general enquiries: are located at Boddington Manor, Boddington in the Conservatory.

Your running number and chip will be issued on the day from race HQ. **You need to register by no later than 09:30am** Write your name; contact details and any relevant medical information should be on the back of your race number which should be pinned at each corner and visible on the front of your clothing during the race.

The Finish is just between two stone mushrooms in front of Boddington Manor

COURSE-The course consists of 11 laps anticlockwise of laps 3533.2m then 867 metres to the Finish at Boddington Manor on a very flat, and quiet and almost traffic free roads.

The race is run anticlockwise entirely on rural country lanes, which are not normally busy.

There is a feeding station on every lap with Water, High 5, Bananas, Chocolate, Coke, and Lemonade.

Changing: There are no changing rooms or showers for either Women or Men.

Please note you are welcome to leave your personal belongings in the conservatory at Boddington Manor which is race HQ **at your own risk**

The roads will be closed to traffic along the long straight from Staverton village to the other side of St Mary Church Magdalene Boddington on the other side of the S bend entrance to the farm. The remaining of the course will be open to traffic on a one way system in the same direction as the runners from the village of Barrow which has around 20 houses in the village so please be fully aware of traffic around you.

For reasons of health and safety **your number** must not be transferred to **another person**. Doing so without the permission of the event organisers will result in disqualification

Cancellation

In the unfortunate cancellation of the event through circumstances beyond the control of the race organisers the event organisers will allow you to transfer your entry to another event.

Please note there is a withdrawal policy and Special Circumstances Information which is on our website. **It's important you read it.**

www.beyondthelimitations.org.uk

Marshals will be situated at all significant turning points to look after runners' safety so please follow and comply with their requests at all times.

During the race

RUNNERS MUST KEEP TO THE LEFT HAND SIDE OF THE ROAD FOR THE WHOLE OF THE RACE. Please do not cause concern by *running 4 or more abreast and, at the same time, crossing to the right to cut corners* causing danger to your selves and other road users; follow the advice of marshals and if running in groups keep no more than four abreast and on the left hand side of the road. Should you be seen running in a way that may cause danger then you risk disqualification.

Notice to runners' supporters - no cars or bicycles on course

Because of the road narrowness around the course, supporters are asked not **to travel around the course in cars**

Refreshments: Are available coffee, tea, rolls and cakes at Race HQ from **10.00am**

Presentation of awards: for the first three Individuals Men and Women

Vet Prizes Women 1st in Age Category V40, V50, V60, V70, V80

Vet Prizes Men 1st Age Category V40, V50, V60, V70, V/80

Presentation of awards will take place at race HQ Boddington Manor at 2.00pm

1st, 2nd, 3rd Men & Women Individual and Veteran Finishers

All Veteran First Finishers in their age category **Awards at 3.00pm**

Personal and Medical details

Has a condition of entry to this event you are required to complete your personal and medical details in the boxes on the back of your race number. You also agree that these may be made available, along with any other personal details to the event organisers and the relevant medical race services. In the event of an emergency part of the event terms and

conditions are that you agree to supply your contact details to these bodies. By displaying your number you are agreeing to the terms and conditions of this event. Your next of kin/emergency contact should be someone who will be contactable on the day of this event.

Course

The course has a UKA Certificate of Course Accuracy. The course is a single loop of 3.533.2 metres which is flat and fast course. Runners must keep to the left hand side of the road for the whole race and at no time cross to the right hand side of the road to cut corners this may cause danger to yourselves and other road users. Therefore please follow the advice of the marshals and if running in groups keep no more than four abreast and keep to the left hand side of the road. Should you be seen running in such a way as to cause danger to other road users then you risk disqualification.

OUR FINAL THANKS GO TO

We give our very grateful thanks to Local Medical Services for medical support and to those friends and members of Gloucestershire AAA, The Royal British Legion Hardwicke, Neil Meyneil Marshals from Tewkesbury and Raynet UK Radio Communications

Thank You for Supporting the Boddington Marathon

We wish you a successfully Run

Beyond The Limitations Team

Directions to event

From M5 Junction 11 North bound

If approaching northwards on the M5, exit at junction 11 and follow the signs to Cheltenham. Stay in the left hand lane until the first roundabout (Golden Valley) turn first left signed Gloucester, Staverton and Churchdown B4063 follow this road for 1½ miles until you reach a crossroads with a set of traffic lights. Turn right at these lights B4634 Old Gloucester Road towards Cheltenham turn left into Withybridge and past the Public House on the right hand side of the road The House In The Tree at the T junction turn left onto A4019 over Withy Bridge the motorway past the public house The Gloucester Old Spots on the right hand side of the road then turn left into Boddington Lane follow this road for 0.75 of a mile just after the S bend there is a field on the left hand side of the road there will be a marshal on your left hand side of the road which will direct you into the event car park which is just before Boddington St Mary Magdalene Church

M5 South and North bound Tewkesbury Junction 9

Follow signs to Tewkesbury A38 Ashchurch Road to traffic lights turn left A38 follow ring road to roundabout Guphills Close take the first exit left A38

Follow A38 Gloucester Road after 1.4K on the left hand side of the road Glevum Cars continue on A38 just before traffic lights The Swan public house on the right hand side of the road turn left slip road follow A4019 towards Cheltenham just before public house The Gloucester Old Spot on the left hand side of the road turn right off A4019 Boddington Lane follow this road for 0.75 of a mile just after the S bend there is a field on the left hand side of the road there will be a marshal on your left hand side of the road which will direct you into the event car park which is just before Boddington St Mary Magdalene Church

From the A40 ring road roundabout Gloucester

From the A40 ring road take the B4063 signed Churchdown follow this road for approximately 2 ½ miles until you come to a crossroads with a set of traffic lights signed Staverton Airport to your right and Boddington to your left take a left turn onto the B4634 Old Gloucester Road towards Cheltenham turn left past the Public House on the right hand side of the road The House Inn The Tree Withybridge Lane then at the T Junction turn left onto A4019 over Withybridge the motorway past the public house The Gloucester Old Spots on the right hand side of the road then turn left into Boddington Lane follow this road for 0.75 of a mile just after the S bend there is a field on the left hand side of the road there will be a marshal on your left hand side of the road which will direct you into the event car park which is just before Boddington St Mary Magdalene Church

From M5 Junction 10 South bound (no exit for northbound traffic)

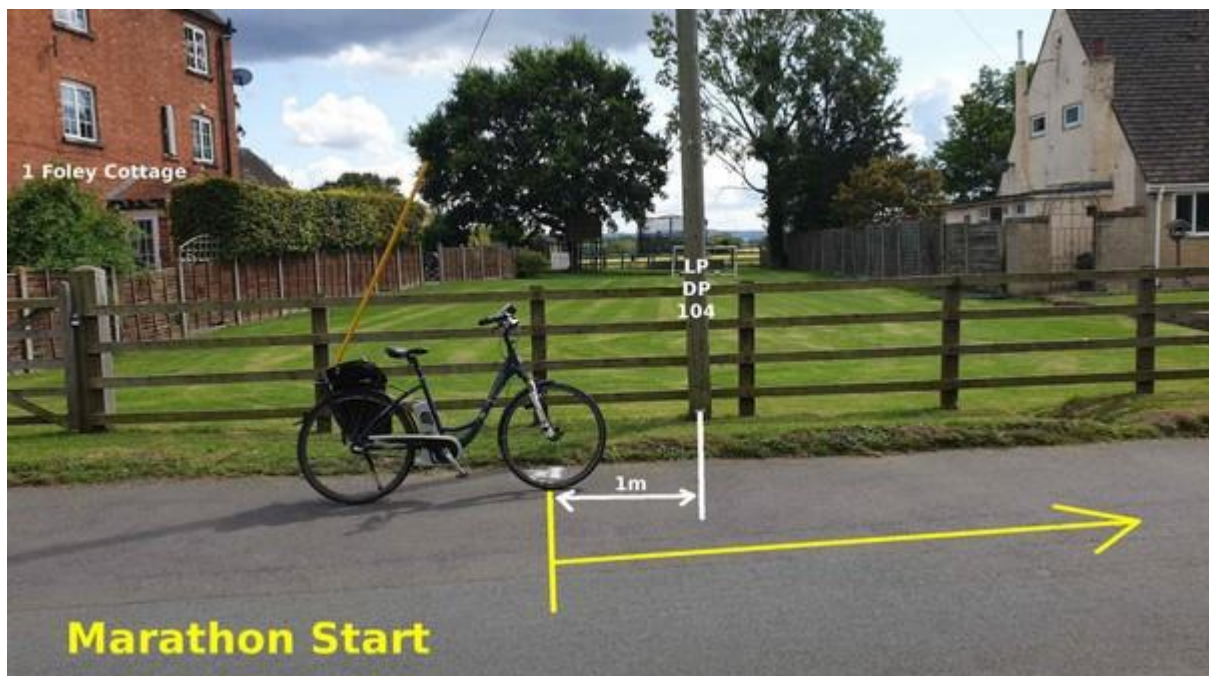
Boddington is located just off the A4019 between Cheltenham and the A38 from Tewkesbury to Gloucester. It is about 4 miles NE of junction 11 of the M5.

If approaching southwards on the M5, exit at junction 10 filter left onto the A4019 heading towards Cheltenham and move immediately into the right hand lane to turn right. Make a U-turn on the A4019 and cross over the motorway bridge and take the first left to Boddington Lane follow this road for approximately ¾ of a mile just after the S bend there will be a marshal on your left hand side of the road which will direct you to the event car park which is just before Boddington St Mary Magdalene Church

From Cheltenham Town Centre

Follow A4019 on the Tewkesbury Road coming out of Cheltenham at the first roundabout A4019 take the 2nd exit off the roundabout Tewkesbury Road A4019 straight on over the Motorway M5 withy bridge on the right hand side of the road is the old spot Public House take the next turning left signed Boddington for approximately 0.75 of a mile just after the S bend just before Boddington Church which will be on your left hand side of the road there will be a marshal to direct you left into the event car park.

Please ensure you keep to the left hand side of the road as the runners will be participating in the Boddington 100K Road Race.



BODDINGTON MARATHON



